

## "Eat This, Lose That" By Dr Kota J Reddy

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Dr. Kota J. Reddy, Cardiologist and author of his best selling book, Eat This Lose That! has helped over hundreds of people lose weight permanently

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### **Eat this, lose that by kota j. reddy |**

Highly recommended. Absolutely wonderful. It was very easy to understand and makes complete sense. Dr Reddy goes through every myth we have had for many years about

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13 years of relentless research conducted by renowned Houston based Cardiologist Dr. K. Reddy. Eat them Plain or with Eat This, Lose That by Dr. Kota J Reddy

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### **Dr. kota j. reddy, md**

Kota Reddy is a practicing Cardiovascular Disease doctor in Sugar Land, TX

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Well-known cardiologist Dr. Kota Reddy brings you an easy-to-understand guide explaining how the body works and how the foods we eat affect us.

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Dr. Kota Reddy has been identified as specializing in Cardiovascular Disease and Internal Medicine. He obtained board certification

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Food alone can cure patients with diabetes, other illnesses. Wednesday without exercise," said Houston cardiologist Dr. Kota J. Reddy. eat eggs, or plain

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Bread that does not cause Dr. Kota J. Reddy, M.D. has created bread called Reddy Bread specifically designed for people with diabetes and trying to lose

### **Kota reddy | reddy bread, llc | zoominfo.com**

Dr. Kota J. Reddy is the founder of Reddy Cardiac Wellness and is a well known and recognized Houston cardiologist Dr Reddy authored a book called "Eat This, Lose

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