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Jumping for Health by Morton Walker, D.P.M. In the spring of 1981, 28-year old Samuel J. Kofsky of Manchester, New Hampshire, a Ph.D. candidate attending the School

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Dr. Morton Walker About Morton H. Walker, D During this period he had 91 health consumer books published plus more than 5,000 clinical journal articles and

Health benefits | get air hang time

Morton Walker, in his book Jumping for Health discussed these additional benefits from jumping on trampolines: Jumping for Health by Dr. Morton Walker,

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Dr. morton walker | cellercise

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Gravitational force is key to understanding resistive rebounding s health benefits. Jumping For Health, Dr. Morton Walker, Avery Pub. Group Inc., N.Y., 1989.

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