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one of the oldest styles of karate. "Ryu" means "school". Sh rin-ry combines elements of the traditional Okinawan fighting styles of Shuri-te. [1] [2]

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is one of the many Okinawan Shorin-ryu styles of karate. President of the International Okinawan Shorin Ryu Seibukan Karate do Association which has

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