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Brief History Wing Chun Kung Fu. Wing Chun kung fu, according to legend but not verified, was devised by the nun Wu Mai, a few generations ago. It was later inherited

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"Notice that the stiffest tree is most easily cracked, while the bamboo or willow survives by bending with the wind."

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About master k. pham - kung fu school - wing chun

Master Kiet Pham is personally considered by Wing Chun Grandmaster Ho Kam Ming, as one of his most knowledgeable and talented disciples, who he has officially

Mr. tyler rea (author of wing chun opium pipe

Mr. Tyler Rea is the author of Wing Chun Opium Pipe Staff (Bamboo Ring Wing Chun Kung Fu) (3.50 avg rating, 2 ratings, 1 review, published 2013),

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including Weng Chun Kung Fu and Yong Chun A correct Wing Chun stance is like a piece of bamboo, firm but flexible, rooted but yielding.

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