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Brief History Wing Chun Kung Fu. Wing Chun kung fu, according to legend but not verified, was devised by the nun Wu Mai, a few generations ago. It was later inherited

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including Weng Chun Kung Fu and Yong Chun A correct Wing Chun stance is like a piece of bamboo, firm but flexible, rooted but yielding.

## **About master k. pham - kung fu school - wing chun**

Master Kiet Pham is personally considered by Wing Chun Grandmaster Ho Kam Ming, as one of his most knowledgeable and talented disciples , who he has officially

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Nov 04, 2012 AHMAD MHEARAT WING CHUN KUNG FU / 00962777645640 For questions in English please call +962779049304

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training in the Jook Wan Heun or Bamboo Ring/Hoop for Southern Chinese Kung Fu and Specifically Wing Chun. The Jook Wan Huen is trained Tyler Rea Information

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"Notice that the stiffest tree is most easily cracked, while the bamboo or willow survives by bending with the wind."

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Mr. Tyler Rea is the author of Wing Chun Opium Pipe Staff (Bamboo Ring Wing Chun Kung Fu) (3.50 avg rating, 2 ratings, 1 review, published 2013),

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